

## Elizabeth A. Prosek, PhD, NCC

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### EDUCATION

<b>Doctor of Philosophy, Counselor Education and Supervision</b> Old Dominion University, Norfolk, Virginia (CACREP)	2011
<b>Masters of Science in Education, Community Counseling</b> Old Dominion University, Norfolk, Virginia (CACREP)	2007
<b>Bachelor of Science, Human Development and Family Studies</b> The Pennsylvania State University, University Park, Pennsylvania	2004

### PROFESSIONAL EXPERIENCE

<b>Associate Professor of Counseling</b> The Pennsylvania State University, Department of Educational Psychology, Counseling, and Special Education University Park, Pennsylvania	2019
<b>Associate Professor of Counseling</b> University of North Texas, Department of Counseling & Higher Education Denton, Texas	2017
<b>Assistant Professor of Counseling</b> University of North Texas, Department of Counseling & Higher Education Denton, Texas	2011
<b>Program Co-Director and Supervisor</b> Blair Middle School, CARE NOW Program Norfolk, Virginia	2010
<b>Counselor</b> Olney Road Counseling Center, Norfolk Community Services Board Norfolk, Virginia	2010
<b>In-Home Counselor</b> Norfolk Community Services Board Norfolk, Virginia	2006

*Table 1 Education and Professional Experience*

### CREDENTIALS

National Certified Counselor (#231949)	2009
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## SCHOLARLY ACTIVITIES

### REFEREED PUBLICATIONS

- Prosek, E. A.** (2019, online first). An introduction to mixed methods design in program evaluation. *Counseling Outcome Research and Evaluation*. doi:10.1080/21801378.2019.1590688
- Price, E. W., & **Prosek, E. A.** (2019, online first). The lived experiences of gay and lesbian college students who feel supported by their parents. *Journal of GLBT Family Studies*. doi:10.1080/1550428X.2019.1593278 (Student dissertation)
- Holm, J. M., Bevly, C. M., & **Prosek, E. A.** (2018). The relationship between counselor students' theoretical orientation and treatment outcomes. *The Journal of Counselor Preparation and Supervision, 11*(2). Retrieved from <https://repository.wcsu.edu/jcps/vol11/iss2/4>
- Prosek, E. A.,** & Wehrman, J. D. (2018). Introduction to the competencies for counseling military populations. *Journal of Military and Government Counseling, 6*, 84-86. Retrieved from <http://acegonline.org/journal/journal-of-military-and-government-counseling>
- Prosek, E. A.,** Burgin, E. E., Atkins, K. M., Wehrman, J. D., Fenell, D. L., Carter, C., & Green, L. (2018). Competencies for counseling military populations. *Journal of Military and Government Counseling, 6*, 87-99. Retrieved from <http://acegonline.org/journal/journal-of-military-and-government-counseling>
- Giordano, A. L., Bevly, C. M., Tucker, S. K., & **Prosek, E. A.** (2018). Psychological safety and appreciation of differences in counselor-training programs: Examining religion, spirituality, and political beliefs. *Journal of Counseling & Development, 96*, 278-288. doi:10.1002/jcad.12202
- Prosek, E. A.,** Giordano, A. G., Woehler, E. S., Price, E., & McCullough, R. (2018). Differences in emotion dysregulation and symptoms of depression and anxiety among illicit substance users and nonusers. *Substance Use and Misuse, 11*, 1915-1918. doi:10.1080/10826084.2018.1436563
- Prosek, E. A.,** Giordano, A. L., Turner, K. D., Bevly, C. M., Reader, E. A., LeBlanc, Y. N.,...Garber, S. A. (2018). Prevalence and correlates of stimulant medication misuse among the collegiate population. *Journal of College Student Psychotherapy, 31*, 1-13. doi:10.1080/87568225.2017.131691
- Prosek, E. A.,** Giordano, A. L., Holm, J. M., Daly, C. M., Sender, K. M., Ramsey, Z. B., & Abernathy, M. R. (2017). Experiencing shame: Collegiate alcohol abuse, religion, and spirituality. *Journal of College Counseling, 20*, 126-138. doi:10.1002/jocc.12065

- Bevly, C. M., Loseu, S., & **Prosek, E. A.** (2017). Infusing social justice advocacy in supervision coursework. *Journal of Counselor Leadership and Advocacy*, 4, 28-38. doi:10.1080/2326716X.2017.1282330
- Burgin, E. E., **Prosek, E. A.**, & Atkins, K. M. (2017). Mental health and the U.S. military: The need for counselor competencies. *Journal of Military and Government Counseling*, 5, 2-19. Retrieved from Retrieved from <http://acegonline.org/wp-content/uploads/2013/02/JMGC-Vol-5-Is-1.pdf>
- Giordano, A. L., **Prosek, E. A.**, & Hastings, T. (2016). Examining college counselors' integration of religion and spirituality into substance abuse counseling. *Journal of Addictions & Offender Counseling*, 37(2), 102-115. doi:10.1002/jaoc.12019
- Giordano, A. L., **Prosek, E. A.**, Stamman, J., Callahan, M. M., Loseu, S., Bevly, C. M.,... Chadwell, K. (2016). Addressing trauma in substance abuse treatment. *Journal of Alcohol and Drug Education*, 60, 55-71.
- Otting, T. L., & **Prosek, E. A.** (2016). Integrating feminist therapy and expressive arts with adolescent clients. *Journal of Creativity in Mental Health*, 11, 78-89. doi:10.1080/15401383.2015.1019167
- Giordano, A. L., **Prosek, E. A.**, Loseu, S., Bevly, C. M., Stamman, J., Molina, C., Callahan, M., & Calzada, R. M. (2016). Self-efficacy among adults in substance abuse treatment: Examining the role of religious coping. *Journal of Addictions & Offender Counseling*, 37, 35-48. doi:10.1002/jaoc.12014
- Prosek, E. A.**, & Michel, R. E. (2016). Transformative learning for counselor trainees: Implementation of the multicultural immersion experience model. *International Journal for the Advancement of Counseling*, 38, 61-76. doi:10.1007/s10447-015-9256-1
- Giordano, A. L., **Prosek, E. A.**, Cecil, A. F., & Brown, J. (2015). Predictors of hypersexual behavior among college men and women: Exploring self-conscious emotions. *Journal of Addictions & Offender Counseling*, 36, 113-125. doi:10.1002/jaoc.12007
- Lindo, N. A., Meany-Walen, K., Ceballos, P., Ohrt, J., **Prosek, E.**, Yousef, D., Yaites, L., & Ener, E. (2015). Wellness and burnout prevention: Perceptions of a group supervision intervention. *Journal of Professional Counseling: Practice, Theory, & Research*, 42, 28-42.
- Ohrt, J. H., **Prosek, E. A.**, Ener, E., & Lindo, N. (2015). The effects of a group supervision intervention to promote wellness and prevent burnout. *Journal of Humanistic Counseling*, 54, 41-54. doi:10.1002/j.2161-1939.2015.00063.x
- Holm, J. M., **Prosek, E. A.**, & Godwin Weisberger, A. C. (2015). A phenomenological investigation of counseling doctoral students becoming mothers. *Counselor Education & Supervision*, 54, 2-16. doi:10.1002/j.1556-6978.2015.00066.x

- Giordano, A. L., **Prosek, E. A.**, Reader, E. A., Bevly, C. M., Turner, K. D., LeBlanc, Y. N.,...Garber, S. A. (2015). Collegiate misuse of prescription stimulants: Examining differences in self-worth. *Substance Use and Misuse, 50*, 358-365. doi:10.3109/1082084.2014.980.965
- Price, E. W., Stickley, V., & **Prosek, E. A.** (2015). Fall in line with duty: Preparing counseling students to serve the military population. *Journal of Military and Government Counseling, 3*, 79-92.
- Giordano, A. L., **Prosek, E. A.**, Daly, C. M., Holm, J. M., Ramsey, Z., Abernathy, M., & Sender, K. (2015). Exploring the relationship between religious coping and spirituality among three types of collegiate substance abuse. *Journal of Counseling & Development, 93*, 70-79. doi:10.1002/j.1556-6676.2015.00182.x
- Prosek, E. A.**, & Hurt, K. M. (2014). Measuring professional identity development among counselor trainees. *Counselor Education & Supervision, 53*, 284-293. doi:10.1002/j.15566978.2014.00063.x
- Giordano, A. L., **Prosek, E. A.**, & Lankford, C. (2014). Predicting empathy: The role of religion and spirituality. *Journal of Professional Counseling: Practice, Theory, & Research, 41*, 53-65.
- Prosek, E. A.**, & Holm, J. M. (2014). Counselors and the military: When protocol and ethics conflict. *The Professional Counselor, 4*, 93-102. doi:10.15241/eap.4.2.93
- Prosek, E. A.**, Holm, J. M., & Daly, C. M. (2013). Benefits of required counseling for counseling students. *Counselor Education & Supervision, 52*, 242-254. doi:10.1002/j.15566978.2013.00040.x
- Crockett, S. A., & **Prosek, E. A.** (2013). Promoting cognitive, emotional, and spiritual client change: The infusion of solution-focused counseling and ritual therapy. *Counseling and Values, 58*, 237-253. doi:10.1002/j.2161-007X.2013.00036.x
- Miller, R., & **Prosek, E. A.** (2013). Trends and implications of proposed changes to the DSM-5 for vulnerable populations. *Journal of Counseling & Development, 91*, 359-366. doi:10.1002/j.1556-6676.2013.00106.x
- Hays, D. G., **Prosek, E. A.**, & McLeod, A. L. (2010). A mixed methodological analysis of the role of cultural in the clinical decision-making process. *Journal of Counseling & Development, 88*, 114-121. doi:10.1002/j.1556-6678.2010.tb00158.x
- Hays, D. G., McLeod, A. L., & **Prosek, E. A.** (2009). Diagnostic variance among counselors and counselor trainees. *Measurement and Evaluation in Counseling and Development, 42*, 3-14. doi:10.1177/0748175609333559

### REFEREED PUBLICATIONS (IN PRESS)

Giordano, A. L., **Prosek, E. A.**, & Schmit, M. S. We are still here: How counselor educators can improve representation of Native culture in counseling curriculum. *Journal of Counseling & Development*.

Giordano, A. L., **Prosek, E. A.**, Bain, C., Malacara, A., Turner, J., Schunemann, K., & Schmit, M. K. Withdrawal symptoms among American collegiate Internet gamers. *Journal of Mental Health Counseling*.

**Prosek, E. A.**, Giordano, A. L., Woehler, E. S., Loseu, S., Stamman, J., Lollar, S., Grossman, H., & Stroh, L. The experience of religion and spirituality among college students who use illicit substances. *Counseling & Values*.

### REFEREED PUBLICATIONS (UNDER REVIEW)

Watson, J. C., **Prosek, E. A.**, & Giordano, A. L. Investigating psychometric properties of social media addiction measures among adolescents.

Giordano, A. L., **Prosek, E. A.**, Watson, J. C. Understanding adolescent cyberbullies: Exploring social media addiction and psychological factors.

**Prosek, E. A.**, & Burgin, E. E. Counseling military populations: A content analysis of counseling journals from 1998-2018. Revise/resubmit

Giordano, A. L., **Prosek, E. A.**, Henson, R. K., Silveus, S., Beijan, L., Reyes, A., Molina, C., & Agarwal, S. Effects of vicarious racism exposure via the media: Exploring affect and substance use. Revise/resubmit

### REFEREED PUBLICATIONS (IN PREPARATION)

**Prosek, E. A.**, Wehrman, J. D., Burgin, E. E., Pytel, K. F., Atkins, K. M., & Fenell, D. L. Inclusion of military populations in counseling program curriculum. *Data collection*.

White, M. E., & **Prosek, E. A.** Development of the Readiness to Counsel Transgender Clients Scale. *Manuscript re-write*.

Burgin, E. E., & **Prosek, E. A.** Counselor trainees' perceptions of military populations. *Data collection*.

Holm, J. M., **Prosek, E. A.**, Bennett, C., & Simms, M. Understanding predictors and withdrawal symptoms of internet gaming disorder. *Manuscript preparation*.

Salpietro, L., Clark, M. E., & **Prosek, E. A.** Predictors of successful remediation in masters-level counseling students. *CQR auditor*.

**Prosek, E. A.,** Giordano, A. L., Burgin E. E., & Hagedorn, W. B. Empirically defining moral injury among military populations. *Data analysis.*

Giordano, A. L., **Prosek, E. A.,** Hagedorn, W. B., & Burgin, E. E. Internet gaming, opioid misuse, and PTSD among Veterans. *Data analysis.*

**Prosek, E. A.,** & Giordano, A. L. Envy and self-worth as predictors to social media misuse. *Manuscript preparation.*

**Prosek, E. A.,** & Giordano, A. L. Shame, guilt, and engagement among college students in response to vicarious racism. *Data analysis.*

### **BOOK CHAPTERS**

Barrio Minton, C. A., & **Prosek, E. A.** (2019). Schizophrenia spectrum and other psychotic disorders. In V. E. Kress & M. J. Paylo (Eds.). *Treating those with mental disorders: A comprehensive approach to case conceptualization and treatment* (2<sup>nd</sup> Edition). Columbus, OH: Pearson.

Barrio Minton, C. A., & **Prosek, E. A.** (2015). Schizophrenia spectrum and other psychotic disorders. In V. E. Kress & M. J. Paylo (Eds.). *Treating those with mental disorders: A comprehensive approach to case conceptualization and treatment* (pp. 321-348). Columbus, OH: Pearson.

### **OTHER PUBLICATIONS**

Giordano, A. L., & **Prosek, E. A.** (Interviewees). (2017, September 9). *Culture, diversity, and spirituality in counseling.* The Thoughtful Counselor [Audio Podcast].

**Prosek, E. A.** (2016). Clinical mental health counseling. In C. A. Wachter Morris, C. A. Barrio Minton, & D. Gibson (Eds.). *Evaluating student learning outcomes in counselor education: Workbook and applications* (pp. 215-221). Alexandria, VA: American Counseling Association.

**Prosek, E. A.,** & Hurt, K. M. (2014). American Counseling Association practice brief: Schizophrenia. *The Center for Counseling Practice, Policy, and Research.* Retrieved from <http://www.counseling.org/docs/default-source/practice-briefs/schizophrenia.pdf>

**Prosek, E. A.** (2013). Career genogram. In D. G. Hays & C. Wood (Eds.). *A counselor's guide to career assessment instruments* (6th ed.; pp. 459-464). Alexandria, VA: National Career Development Association.

**Prosek, E. A.** (2009). Performance tests. In B. Erford, (Ed.). *ACA encyclopedia of counseling* (pp. 394-395). Alexandria, VA: American Counseling Association.

Neukrug, E. S., & Prosek, E. A. (2007). *Instructor's Manual for Theory, practice, and trends in human services* (4th ed.). Belmont, CA: Brooks/Cole.

## NEWSLETTER CONTRIBUTIONS

**Prosek, E. A.** (2015, January). Diagnosed with schizophrenia: Coping and treatment options. *Fact Based Health: A News Journal about Health Living*. Retrieved from <http://factbasedhealth.com/diagnosed-schizophrenia-coping-treatment-options/>

**Prosek, E. A., & Hurt, K. M.** (2014, August). What counselors need to know about schizophrenia. *Counseling Today: Online Exclusives*. Retrieved from <http://ct.counseling.org/2014/08/what-counselors-need-to-know-about-schizophrenia/>

## GRANTS & CONTRACTS

### EXTERNAL FUNDING

- 2019      *Development and Initial Validation of a Military Populations Self-Forgiveness Scale*  
Association of Assessment and Research in Counseling, Sponsored Scholarship Program; \$4925.00, Principal Investigator (51%)  
Co-Investigators: A. L. Giordano, E. E. Burgin, and T. Reves
- 2018-23      *Denton County Veterans Treatment Court Program*  
SAMHSA, Grants to Expand Substance Abuse Treatment Capacity in Adult Treatment Drug Courts and Adult Tribal Healing to Wellness Courts; \$1,254,130; Principal Investigator, sub-contractor (ended 2019)
- 2018      *Addressing Military Populations in Counselor Training Programs: Exploring Cultural Competence, Political Beliefs, and Militaristic Attitudes*  
Southern Association for Counselor Education & Supervision  
\$500; Co-Investigator (49%)
- 2017      *Increasing Native American Cultural Sensitivity in Counselor Education*  
Association for Counselor Education & Supervision  
\$2300; Co-Investigator (30%)
- 2016-2019      *Denton County Veterans Treatment Court Program*  
U.S. Department of Justice, Adult Drug Court Discretionary Grant Program; \$299,732; Principal Investigator, sub-contractor
- 2016      *Veterans Court Grant*  
Texas Veterans Commission; \$300,000, Principal Investigator, sub-contractor

2011            *The Effects of a Wellness Supervision Intervention on Counseling Students*  
Southern Association for Counselor Education & Supervision  
\$500; Co-Investigator (49%)

#### **INTERNAL FUNDING**

2012            *Counseling Outcome Research*  
University of North Texas, Mentoring Grant; \$7225, Co-Investigator (50%)

2012            *Community Mental Health Benefits: The Impact of a Counseling Training Clinic*  
University of North Texas, Junior Faculty Summer Research Fellowship; \$5000,  
Principal Investigator (100%)

#### **NON-FUNDED EXTERNAL**

2016            *Veterans Court Grant*  
Texas Veterans Commission; \$396,978.56, Principal Investigator, sub-contractor

2012            *Community Mental Health Benefits for the Underserved: The Impact of a  
Counseling Training Clinic*  
Hogg Foundation of Mental Health in Texas; \$17,427.09, Principal Investigator  
(100%)

2011            *An Examination of the Professional Identity of College Counselors at Two and  
Four Year Colleges*  
American College Counseling Association Research Grant; \$1000, Co-  
Investigator (49%)

#### **NON-FUNDED INTERNAL**

2017            *Cultivating Community Connections among Counseling Faculty with an Interest  
in Addictions Treatment*  
University of North Texas, Mentoring Grant; \$3667.50, Co-Investigator (25%)

2016            *Counseling Program Pre-Tenured Faculty Statistical Team*  
University of North Texas, Mentoring Grant; \$5,000, Co-Investigator (25%)

2015            *Counseling Program Community Engagement*  
University of North Texas, Mentoring Grant; \$4991.00, Co-Investigator (25%)

2011            *Cultural Considerations of Counselor Trainees in the Clinical Decision-Making  
Process*  
University of North Texas, Research Initiation Grant; \$6075, Principal  
Investigator (100%)



## PRESENTATIONS

### CONFERENCE PRESENTATIONS (REFEREED, NATIONAL)

Wehrman, J., **Prosek, E. A.**, & Burgin, E. E. (2019, October). *Counseling military families*. Education session at the Association for Counselor Education and Supervision annual conference, Seattle, Washington.

Giordano, A. L., **Prosek, E.**, & Schmit, M. (2019, October). *Increasing Native American cultural competence in counselor education*. Education session at the Association for Counselor Education and Supervision annual conference, Seattle, Washington.

**Prosek, E. A.**, Burgin, E. E., & Holm, J. M. (2019, September). *A primer to mixed methods program evaluation*. Education session at the Association for Assessment and Research in Counseling annual conference, San Antonio, Texas.

**Prosek, E. A.**, Watson, J. C., & Giordano, A. L. (2019, March). *What counselors need to know about social media addiction among adolescents*. Education session at the American Counseling Association annual conference, New Orleans, Louisiana.

Burgin, E. E., Wehrman, J. D., **Prosek, E. A.**, Atkins, K. M., & Fenell, D. L. (2019, March). *Applying the competencies for counseling military populations to working with children and families: A clinical case exploration*. Education session at the American Counseling Association annual conference, New Orleans, Louisiana.

Schmit, M., **Prosek, E.**, Schmit, E., & Giordano, A. (2018, September). *Mastering the mixed ANOVA approach: When and how to use the analysis*. Roundtable session at Association for Assessment and Research in Counseling annual conference, Richmond, Virginia.

Giordano, A., **Prosek, E.**, & Schmit, M. (2018, September). *Utilizing consensual qualitative research (CQR): A step-by-step primer*. Presentation at Association for Assessment and Research in Counseling annual conference, Richmond, Virginia.

**Prosek, E. A.**, Atkins, K. M., Burgin, E. E., Wehrman, J., & Fenell, D. (2018, April). *Competencies for counseling military populations*. MGCA sponsored 90-minute presentation at American Counseling Association annual conference, Atlanta, Georgia.

Giordano, A. L., **Prosek, E. A.**, Bain, C., & Malacara, A. (2018, April). *What clinicians need to know about internet gaming disorder and social media addiction*. Presentation at American Counseling Association annual conference, Atlanta, Georgia.

Burgin, E. E., **Prosek, E. A.**, Atkins, K. M., & Reves, T. (2018, April). *Counseling military clients in community and private practice settings*. Presentation at American Counseling Association annual conference, Atlanta, Georgia.

- Giordano, A. L., **Prosek, E. A.**, & Callaway, K. J. (2017, March). *Religion/spirituality from the new multicultural counseling competencies*. Presentation at American Counseling Association annual conference, San Francisco, California.
- Price, E., & **Prosek, E. A.** (2017, March). *Going away and coming out: Positive sexual identity disclosures of LGB college students*. Presentation at the American Counseling Association annual conference, San Francisco, California.
- Prosek, E. A.**, Price, E. W., Otting, T. L., & Holm, J. M. (2016, September). *Developing a meaningful research agenda*. Roundtable presentation at the Association for Assessment and Research in Counseling annual conference, Fort Lauderdale, Florida.
- Giordano, A. L., **Prosek, E. A.**, Stare, B., & Holm, J. M. (2014, September). *Predictors of empathy in addiction counseling*. Presentation at the Association for Assessment and Research in Counseling annual conference, Moline, Illinois.
- Prosek, E. A.**, & Giordano, A. L. (2014, September). *Exploring nonmedical stimulant misuse and self-worth*. Roundtable session at the Association for Assessment and Research in Counseling annual conference, Moline, Illinois.
- Prosek, E. A.**, & Holm, J. M. (2014, March). *The benefits of required counseling for counseling students*. Poster session at the American Counseling Association annual conference, Honolulu, Hawaii.
- Holm (DeGeorge), J. M., & **Prosek, E. A.** (2014, March). *A phenomenological study of new motherhood during a doctoral program in counseling*. Poster session at the American Counseling Association annual conference, Honolulu, Hawaii.
- Prosek, E. A.**, DeGeorge, J. M., & Daly, C. M. (2013, October). *Utilization of a counselor training clinic: The mental health benefits for graduate and undergraduate students*. Poster session at the Association for Counselor Education and Supervision biannual conference, Denver, Colorado.
- Prosek, E. A.**, & Hurt, K. M. (2013, October). *The development of professional identity among counselor trainees*. Poster session at the Association for Counselor Education and Supervision biannual conference, Denver, Colorado.
- Giordano, A. L., **Prosek, E. A.**, Daly, C. M., Holm, J. M., Abernathy, M., & Sender, K. (2013, September). *Factors of religious coping and spirituality that predict substance use among college students*. Roundtable at the Association for Assessment and Research in Counseling annual conference, Houston, Texas.
- DeGeorge, J. M., **Prosek, E. A.**, & Daly, C. M. (2013, September). *The benefits of required counseling for counseling students*. Poster session at the Association for Assessment and Research in Counseling annual conference, Houston, Texas.

- Ohrt, J. H., **Prosek, E. A.**, & Ener, E. (2013, March). *Addressing self-care in supervision: Effects on counselor wellness and burnout*. Poster session at the American Counseling Association annual conference, Cincinnati, Ohio.
- Prosek, E. A.**, & Crockett, S. A. (2013, March). *Infusing ritual practices and solution-focused counseling: A model for facilitating client change*. 90-minute presentation at the American Counseling Association annual conference, Cincinnati, Ohio.
- Ohrt, J. H., **Prosek, E. A.**, Limberg, D., & DeGeorge, J. (2012, September). *The effects of a wellness supervision intervention on counselor trainees' levels of burnout and wellness*. Presentation at the Association for Assessment in Counseling and Education annual conference, Orlando, Florida.
- Prosek, E. A.**, & DeGeorge, J. (2012, September). *Proposed changes in the DSM-5: Investigating outcomes for vulnerable populations*. Presentation at the Association for Assessment in Counseling and Education annual conference, Orlando, Florida.
- Prosek, E. A.** (2011, October). *The international immersion experience of counselor trainees*. Roundtable session at the Association for Counselor Education and Supervision bi-annual conference, Nashville, Tennessee.
- Prosek, E. A.**, & Bell, T. (2011, September). *Diagnostic decisions of counselors and counselor trainees*. Presentation at the Association for Assessment in Counseling and Education annual conference, Fort Worth, Texas.
- Michel, R. E., & **Prosek, E. A.** (2011, September). *The international immersion experience of counselor trainees*. Poster session at the Association for Assessment in Counseling and Education annual conference, Fort Worth, Texas.
- Prosek, E. A.** (2011, March). *Diagnosis, cultural factors, and the clinical decision-making process*. AACE-sponsored session presentation at the American Counseling Association annual convention, New Orleans, Louisiana.
- Michel, R. E., **Prosek, E. A.**, Crockett, S. A., & Lorelle, S. (2011, March). *International immersion: Connecting counselors across continents*. CSI-sponsored poster session at the American Counseling Association annual convention, New Orleans, Louisiana.
- Prosek, E. A.** (2010, August). *Advocating for underserved populations*. Presentation at the Ireland Institute at Trinity College, Dublin, Ireland.
- Prosek, E. A.** (2009, September). *Assessment of access to mental health services for individuals with intellectual disability*. Presentation at the Association for Assessment in Counseling and Education annual conference, Norfolk, Virginia.

Hays, D. G., McLeod, A., **Prosek, E. A.**, & Moore, H. (2007, November). *A mixed methodological study: Diagnostic variance & culture in the clinical decision-making process*. Presentation at the Association for Assessment in Counseling and Education annual conference, Atlanta, Georgia.

Crockett, S. A., **Prosek, E. A.** (2007, November). *College seniors' transition into the workforce: An educator's program to post-graduate success*. Presentation at the Association for Assessment in Counseling and Education annual conference, Atlanta, Georgia.

#### **CONFERENCE PRESENTATIONS (REFEREED, REGIONAL)**

**Prosek, E. A.**, Burgin, E. E., & Molina, C. (2018, October). *Applying the competencies for counseling military populations to counselor education curriculum*. Session presentation Southern Association for Counselor Education and Supervision biannual conference, Myrtle Beach, South Carolina. (Unable to attend, weather)

Giordano, A. L., **Prosek, E. A.**, Reyes, A., Beijan, L., & Molina, C. (2018, October). *Racial injustice in the media: Effects of exposure on substance use*. Session presentation Southern Association for Counselor Education and Supervision biannual conference, Myrtle Beach, South Carolina. (Unable to attend, weather)

**Prosek, E. A.**, Giordano, A. L., Woehler, E., Price, E., & McCullough, R. (2016, October). *Emotion regulation and distress tolerance among clients with substance and mental health symptoms*. Poster session at the Southern Association for Counselor Education and Supervision biannual conference, New Orleans, Louisiana.

Giordano, A. L., **Prosek, E. A.**, & Holm, J. M. (2014, October). *Providing research mentorship through research teams*. Poster session at the Southern Association for Counselor Education and Supervision biannual conference, Birmingham, Alabama.

Giordano, A. L., & **Prosek, E. A.** (2014, October). *The MI supervisor: Applying motivational interviewing to clinical supervision*. Roundtable session at the Southern Association for Counselor Education and Supervision biannual conference, Birmingham, Alabama.

**Prosek, E. A.**, & Michel, R. E. (2010, October). *APA sixth edition training*. Session presentation at the Southern Association for Counselor Education and Supervision bi-annual conference, Williamsburg, Virginia.

#### **CONFERENCE PRESENTATIONS (REFEREED, STATE)**

**Prosek, E. A.**, Burgin, E. E., Reves, T., & Bradley, J. (2019, March). *Counseling military populations: What counselor educators need to know*. Session presentation at the Texas Association for Counselor Education and Supervision annual conference, Dallas, Texas. (60-minutes).

- Prosek, E. A., & Burgin, E. E.** (2019, March). *Introduction to research*. Session presentation at the Texas Association for Counselor Education and Supervision annual conference, Dallas, Texas. (60-minutes/Research Symposium)
- Prosek, E. A., Reves, T., Bradley, J. & Goettsch, J.** (2018, March). *Supervising LPC-interns working with military populations*. Session presentation at the Texas Association for Counselor Education and Supervision annual conference, Austin, Texas. (60-minutes)
- Prosek, E. A., Rogers, J., & Agarwal, S.** (2018, March). *Cultivating research mentor relationships*. Roundtable session at the Texas Association for Counselor Education and Supervision annual conference, Austin, Texas. (60-minutes)
- Tucker, S. K., **Prosek, E. A.,** Burgin, E. E., & Reyes, A. G. (2017, March). *Infusing poverty into multicultural/diversity education*. Session presentation at the Texas Association for Counselor Education and Supervision annual conference, Austin, Texas. (60-minutes)
- White, M. E., Laird, A., & **Prosek, E.** (2017, March). *Bridging services to the transgender community*. Session presentation at the Texas Association for Counselor Education and Supervision annual conference, Austin, Texas. (60-minutes)
- Prosek, E. A.,** Giordano, A. L., Woehler, E., & Loseu, S. (2016, November). *Publishing rigorous research in the counseling field*. Session presentation at the Texas Counseling Association annual conference, Dallas, Texas. (90-minutes)
- Giordano, A. L., **Prosek, E. A.,** Beijan, L., & Lankford, C. (2016, November). *Ethically attending to client religion and spirituality in counseling*. Session presentation at the Texas Counseling Association annual conference, Dallas, Texas. (90-minutes)
- Prosek, E. A.,** Wilson, A., Otting, T., Spellings, M., & Beijan, L. (2015, November). *TACES presents: Strategies for culturally competent supervision*. Session presentation at the Texas Counseling Association annual conference, Corpus Christi, Texas. (3-hours)
- Prosek, E. A., & Stark, M.** (2015, January). *LPC rules and beyond*. Session presentation at the Texas Association for Counselor Education and Supervision annual conference, Austin, Texas. (90-minutes)
- Prosek, E. A.,** Lindo, N., Yaites, L., Holm, J. M., & Bevly, C. M. (2014, November). *TACES presents: Strategies for culturally competent supervision*. Session presentation at the Texas Counseling Association annual conference, Dallas, Texas. (3-hours)
- Prosek, E. A.,** Giordano, A. L., Turner, K. D., Bevly, C. M., Reader, E. A., LeBlanc, Y. N.,...Garber, S. A. (2014, November). *Trends in psychostimulant misuse: What counselors need to know*. Session presentation at the Texas Counseling Association annual conference, Dallas, Texas. (90-minutes)

- Godwin, A., & **Prosek, E. A.** (2014, January). *Women in counselor education: A phenomenological study on becoming a mother in a doctoral program*. Session presentation at the Texas Association for Counselor Education and Supervision annual conference, Austin, Texas.
- Miller, R., & **Prosek, E. A.** (2012, November). *Preparing for the DSM-5: What every counselor needs to know*. Session presentation at the Texas Counseling Association annual conference, Galveston, Texas. (90-minutes)
- Prosek, E. A.**, & Miller, R. (2012, February). *Are you ready for the DSM-5?* Session presentation at the Texas Association for Counselor Education and Supervision annual conference, Austin, Texas.
- Smith, L., Szu-Yu, C., Wagner, T., & **Prosek, E. A.** (2012, February). *Addressing the elephant in the room: Creating an effective supervisor and supervisee relationship when cultures differ*. Session presentation at the Texas Association for Counselor Education and Supervision annual conference, Austin, Texas.
- McBride, R. G., & **Prosek, E. A.** (2010, November). *Needs and coping strategies of the homeless population: A qualitative study*. Session presentation at the Virginia Counselors Association annual conference, Williamsburg, Virginia.

#### **PROFESSIONAL PRESENTATIONS (INVITED)**

- Prosek, E. A.**, & Burgin, E. E. Professional ethics. Three one-hour webinar presentations for The Military Clearinghouse, Air Force. University Park, Pennsylvania.
- Prosek, E. A.** (2019, July). Ethical practice: Challenges and reminders for helping professionals. Nine-hour presentation for Madigan Army Medical Center, Clinical Psychology and Residency & Internship Program, Tacoma, Washington.
- Prosek, E. A.** (2018, October). Applying for counselor education jobs: A how-to for doctoral students. Two-hour presentation for Chi Sigma Iota-Rho Kappa, University of North Texas, Denton, Texas.
- Prosek, E. A.**, & Burgin, E. E. (2018, June). Counseling military clients in community and private practice settings. One-hour presentation at Pastoral Counseling Center, Dallas, Texas.
- Prosek, E. A.** (2015, June). *DSM-5*. Three-hour session presentation at Santé Center, Argyle, Texas.
- Prosek, E. A.** (2014, February). *Time management strategies*. Ninety-minute session presentation for G\*STEP, University of North Texas, Denton, Texas.

- Prosek, E. A.** (2014, January). *Date night with the DSM-5*. Four-hour session presentation for counseling program. University of North Texas, Denton, Texas.
- Barrio Minton, C. A., & **Prosek, E. A.** (2013, November). *A survival guide to the DSM-5*. Four 2-hour sessions for WISE webinar series, University of North Texas, Denton, Texas.
- Barrio Minton, C. A., & **Prosek, E. A.** (2013, October). *A survival guide to the DSM-5*. Six-hour session, University of North Texas, Denton, Texas.
- Prosek, E. A.** (2013, August). *Time management: Finding the balance*. Two 50-minute sessions presented for Teaching Excellence, University of North Texas, Denton, Texas.
- Prosek, E. A.,** & Bradetich, J. (2013, January). *Managing yourself, your class, your students, and your time*. Forty-five minute session presented for Teaching Excellence, University of North Texas, Denton, Texas.
- Prosek, E. A.** (2012, October). *Time management strategies*. Two 90-minute sessions presented for G\*STEP, University of North Texas, Denton, Texas.
- Prosek, E. A.** (2012, August). *Managing your time: Research, teaching, family, and friends*. Two 45-minute sessions presented for Teaching Excellence, University of North Texas, Denton, Texas.
- Prosek, E. A.** (2011, March). *APA sixth edition training*. Three-hour workshop presented for Chi Sigma Iota, Omega Delta Chapter, Old Dominion University, Norfolk, Virginia.
- Prosek, E. A.** (2010, October). *LGBTQ bullying prevention and intervention training*. 2 hour workshop presented for CARE NOW, Norfolk, Virginia.
- Prosek, E. A.** (2010, August). *Documentation and treatment planning*. 3 hour workshop presented for Olney Road Counseling Center, Norfolk, Virginia.
- Prosek, E. A.** (2010, February). *National counseling exam/COMPS review: Human relationships and theories*. 4 hour workshop presented for Chi Sigma Iota, Omega Delta Chapter, Old Dominion University, Norfolk, Virginia.
- Prosek, E. A.** (2010, January). *Documentation and treatment planning*. 3 hour workshop presented for Olney Road Counseling Center, Norfolk, Virginia.
- Crockett, S. A., **Prosek, E. A.,** & Shaw, S. (2009, March). *Self-care for caring professionals*. Three-hour workshop presented for Medical Career Institute, Virginia Beach, Virginia.
- Prosek, E. A.** (2009, February). *National counseling exam/COMPS review: Human relationships and theories*. 4 hour workshop presented for Chi Sigma Iota, Omega Delta Chapter, Old Dominion University, Norfolk, Virginia.

**Prosek, E. A.** (2008, February). *National counseling exam/COMPS review: Careers*. 4 hour workshop presented for Chi Sigma Iota, Omega Delta Chapter, Old Dominion University, Norfolk, Virginia.

## INSTRUCTIONAL ACTIVITIES

### GRADUATE COURSES TAUGHT

#### **The Pennsylvania State University** (CNED prefix)

506 Individual counseling procedures  
595G Counseling internship and integrative seminar

#### **University of North Texas** (COUN prefix)

6680 Ethical, legal, professional issues in counseling  
5480 Diagnosis and treatment planning  
5300 Systems, leadership, and program development  
5290 Ethical, legal, and professional issues in clinical mental health counseling  
5490 Crisis intervention counseling  
5270 Counseling internship I  
5271 Counseling internship II

*Table 2 University of North Texas Instructional Activities*

## STUDENT RESEARCH MENTORSHIP

### COMPLETED DISSERTATIONS (CHAIR)

2017	Eric P. Price	PhD, Counseling	<i>Coming out: The lived experiences of LGB college students who feel supported by their parents</i>
2017	Cynthia M. Bevly	PhD, Counseling	<i>A phenomenological exploration of counselors' experiences in personal therapy</i>

*Table 3 Chair of two completed dissertations*

### COMPLETED DISSERTATIONS (COMMITTEE MEMBER)

2019	Elliott Woehler	PhD, Counseling
2017	Sahar Loseu	PhD, Counseling
2016	Tiffany L. Otting	PhD, Counseling
2016	Bryan Stare	PhD, Counseling
2015	Jessica M. Holm	PhD, Counseling
2015	LaToya Yaites	PhD, Counseling
2015	Kara M. Hurt	PhD, Counseling
2013	Mario A. De La Garza	PhD, Counseling



## DISSERTATIONS IN-PROGRESS (CHAIR)

NAME	ESTIMATED GRADUATION
Beijan, Lisa	December 2019
<i>Co-Chair with Dr. Leslie Jones</i>	

## DISSERTATIONS IN-PROGRESSION (COMMITTEE MEMBER)

NAME	ESTIMATED GRADUATION
Smith, Julia	December 2019
Rogers Jordan	May 2020

## SERVICE

### EDITORIAL BOARD SERVICE

2019-22 Associate Editor of Qualitative Research, *Journal of Counseling & Development*  
2019 Ad-Hoc Reviewer, *The Clinical Supervisor*  
2018-21 Editorial Board Member, *Teaching and Supervision in Counseling*  
2017-20 Editorial Board Member, *Journal of Counseling & Development*

### PROGRAM SERVICE

#### The Pennsylvania State University

2019- Co-Coordinator Clinical Mental Health in Schools and Communities

#### University of North Texas

2018-19	Assessment and Evaluation Committee	Member
2017-19	Doctoral Admissions & Recruitment Committee	Chair
2017-19	Scholarship Committee	Chair
2016-19	Tk20/Foliotek (Assessment Computer System)	Coordinator
2011-19	Clinical Mental Health Counseling Track Committee	Member
2017-18	Assistant/Associate Professor Search Committee	Chair
2016-17	Program Coordination, Fall Only	Coordinator
2016-17	Assistant Professor Search Committee	Chair
2016-17	Associate/Full Professor Search Committee	Member
2015-17	Scholarship Committee	Member
2015-17	Assessment and Evaluation Committee	Chair
2015-16	Program Coordination for Assessment, Accreditation, & Advocacy	Coordinator
2014-16	Doctoral Advisement Committee	Member
2013-17	Doctoral Admissions & Recruitment Committee	Co-Chair
2013-15	Internal Relations Committee	Chair
2012-14	Doctoral Admissions Committee	Member
2012-13	Internal Relations Committee	Member
2011-15	Assessment and Evaluation Committee	Member
2011-14	Undergraduate Advisement Area Committee	Member

*Table 4 Program service to University of North Texas*

2011-14	Recruitment Committee	Member
2011-12	Assistant Professor Search Committee	Member

*Table 5 Program service to University of North Texas*

### DEPARTMENT SERVICE

#### University of North Texas

2017-19	Grievance Committee	Member
2017-19	Review for Promotion and Tenure Committee	Member
2016	Ad Hoc Committee Standards Committee	Member
2016-17	Grievance Committee	Chair
2015-16	Curriculum Committee	Member
2014-15	Curriculum Committee	Chair
2013-14	Curriculum Committee	Member
2012-13	Curriculum Committee	Chair
2011-12	Curriculum Committee	Member

*Table 6 Department service to University of North Texas*

### COLLEGE SERVICE

#### University of North Texas

2016-19	Assessment Committee	Member
2014	Academic Affairs Committee, Fall only	Member

*Table 7 College service to University of North Texas*

### UNIVERSITY SERVICE

#### University of North Texas

2014-15	Faculty Senate Executive Committee, Invited	Member
2013-15	Faculty Senate	Member
2012-14	Faculty Senate Budget Committee	Member

*Table 8 University service to University of North Texas*

### PROFESSIONAL ORGANIZATION SERVICE

YEAR	ORGANIZATION	COMMITTEE	ROLE
2019-	Assoc'n for Counselor Education & Supervision	Conference Proposals	Reviewer
2018-	Military & Government Counseling Association	Board	Director
2012-	American Counseling Association	Conference Proposals	Reviewer
2012-	Chi Sigma Iota International	Grants	Reviewer
2011-	Chi Sigma Iota International	Awards	Reviewer
2019	Association for Assessment & Research in Counseling	Conference	Member
2016-19	Texas Assoc'n for Counselor Education & Supervision	Research Symposium	Chair
2016-18	Military & Government Counseling Association	Competencies Task Force	Chair
2016-18	Association for Assessment & Research in Counseling	Executive Board	Secretary
2016-17	Southern Assoc'n for Counselor Educ'n & Supervision	Awards	Reviewer
2014-17	Texas Assoc'n for Counselor Education & Supervision	Executive Board	Secretary
2014-17	Texas Assoc'n for Counselor Education & Supervision	Awards	Chair
2014-15	Texas Assoc'n for Counselor Education & Supervision	Supervision Planning	Member
2013-16	Association for Assessment & Research in Counseling	Executive Board	Membership-MAL
2011-12	Association for Assessment in Counselor Education	Conference Proposals	Reviewer
2010-11	Omega Delta Chapter, Chi Sigma Iota International	Executive Board	Secretary

2010-11	Omega Delta Chapter, Chi Sigma Iota International	Mentorship	Chair
2009-10	Omega Delta Chapter, Chi Sigma Iota International	Events	Co-Chair
2007-08	Omega Delta Chapter, Chi Sigma Iota International	Events	Co-Chair

**COMMUNITY ENGAGEMENT**

2015-19	Denton County Veterans Treatment Court Program	Program Evaluator
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**AWARDS AND HONORS**

2019	Outstanding Research <i>Competencies for Counseling Military Populations</i>	Chi Sigma Iota: Rho Kappa
2019	Outstanding Faculty Member	Chi Sigma Iota: Rho Kappa
2018	Faculty Research Excellence Award	UNT-College of Education
2018	Recognition of Service <i>Research Symposium</i>	Texas Assoc'n for Clr Ed & Sup
2015	Outstanding Pre-Tenure Faculty Award	Southern Assoc'n for Clr Ed & Sup
2015	Outstanding Research <i>Addictions Counseling Research Team</i>	Chi Sigma Iota: Rho Kappa
2015	Outstanding Faculty Member	Chi Sigma Iota: Rho Kappa
2011	Outstanding Service to Chapter-Ind. Member	Chi Sigma Iota: International
2011	Outstanding Service to Chapter-Ind. Member	Chi Sigma Iota: Omega Delta

*Table 9 Awards and Honors*

**CURRENT PROFESSIONAL MEMBERSHIP**

- American Counseling Association
- Association for Assessment and Research in Counseling
- Association for Counselor Education and Supervision
- Chi Sigma Iota Counseling Academic and Professional Honor Society International (Rho Kappa)
- Military and Government Counseling Association
- Southern Association for Counselor Education and Supervision
- Pennsylvania Counseling Association